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Drug Distribution Systems for Long Term Care Facilities

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Drug Distribution

- The process:
 - Receipt/ transcription of orders
 - Interpretation/ evaluation of orders
 - Filling/packaging and checking
 - Delivery
 - Administration

New Orders

- Received as written, electronic/ fax or phone orders
- Communications between:
 - Physician
 - Nursing staff
 - Consultant pharmacists

Evaluation of orders

- Prospective review
- Ensure appropriate:
 - Indication
 - Dosage and dosage form
 - Route of administration
 - Dosing interval
- Check allergy profile and h/o adverse drug reactions
- Assess:
 - Concomitant disease states/ medications
 - Interactions: Drugs, disease, food

Filling and Packaging

Manual and semi-manual systems:

- Vials
- Unit dose and cassettes
- Modified unit dose: Bingo cards
- Medisets
- Automated systems:
 - Pyxis: medication distribution
 - Robotics and other automation:dispensing and packaging

Traditional Vials

- Advantages:
 - Time efficient for dispensing pharmacist
 - Less costly
- Disadvantages:
 - Time consuming for facility
 - Increased chances for errors
 - More medication waste
 - Difficult to track usage, compliance

Unit Dose System

- First used in hospitals in 1960's
- Used to decrease medication administration errors by nursing staff, and reduce medication waste
- Standard of practice in hospital setting todayUsed in some skilled nursing facilities

Unit Dose/Modified Unit Dose Systems

Unit Dose examples:

- Manufacturer's unit dose packs/cards
- Medication cassettes
- Modified Unit Dose examples:
 - Bingo cards/ blister packs
 - Medisets
 - Pharmacy-prepared administration packages

Examples of Unit Dose Packaging







Unit Dose and Modified Unit Dose Systems

Advantages:

- Improve accuracy, less errors
- Easy to track usage
- Less nursing time at dispensing
- Less wastage, savings to facility and patient

Disadvantage:

- More pharmacy processing time and equipment cost
- Requires more storage space and cassette cost
- No cost savings to pharmacy
- Limit nursing processing and checking ability

Mediset System

Advantages:

- Less waste
- More flexibility
- Less nursing time
- Ease of use for patients

Disadvantages:

- Cost
- Processing and packaging time
- Oral dosage forms only
- Difficult for nursing to check for accuracy
- More errors

Automation

- Speed and output efficiency
 - Ease of operation, capacity, time required
- Flexibility/ exception dose capabilities
 - 1/2 tab packaging, prn meds, dosage forms
- Labeling capabilities
- Batch processing capabilities
- Accuracy and quality assurance safeguard
- Reporting/ documentation capabilities
- Training provision and technical support

Automation Examples

- Small systems:
 - Pyxis medstation
 - Baxter ATC
 - Script-pro 200
- Larger systems:
 - Baker cells
 - Baxter international

Pyxis medstation

- Used in hospitals and skilled nursing facilities
- Kept in nursing stations
- Pharmacy responsible for entering orders, and filling/stocking units with medications
- Nurses with access codes can obtain medications out of drawers
- All usages are recorded and tracked

Baxter ATC

- Usually installed in the pharmacy
- Medications stored in calibrated canisters
- An order is sent to the system and the medication is dispensed from the correct canister
- System packages unit dose tablets and capsules into labeled and sealed strips packs
- Found to be 99.98% accurate (vs. 92.62% for manual filling) –Kratz K. Hosp Pharm 1992

Script-pro 200

- Usually installed in the pharmacy
- Fills vials directly from dispensing cells
- Can print prescription and auxillary labels

Baker Cell

- In pharmacy system
- Counts a 30-count vial in 3-5 seconds
- Option to use software that dispenses medication after a prescription is canned

Quality Assurance: Automation

- Order entry accuracy
- Backup system for downtime and system failure
- Adequate staff education and training
- Equipment service and technical support
- Error detection and safeguard

Automation

Advantages:

- Improve efficiency
- Improve accuracy, reduce errors
- Improve documentation
- Authorized access only, enhance security
- Reduce job stress and staff turnover
- Shorten med pass time for nurses/ caregivers

Disadvantages:

- Additional training and technical help
- Downtime, system failure and inflexibility
- Cost and space issues

Drug Delivery and Administration

Drug delivery:

- On time delivery to
 - the correct facility
 - Correct nursing area
 - Ensure emergency back-up

Medication administration:

- Correct patient
- Correct medication- dose, dosage form
- Correct time
- Correct route

Medication Administration

- The medication administration record (MAR):
 - Monthly record of dispensed medications for each specific patient
 - List of medications with administration times
 - Medication dispensing nursing/ facility staff initials/ signatures
 - May include list of prn medications
 - Tracks missed doses and changes in medications

Emergency Kit

- Supply of short term emergency meds tailored specific to nursing facility needs
- Allows timely dispensing of urgent meds
- Contents in the kit is determined by nursing supervisor and consultant pharmacist
- The "kit" is a sealed box with full supply of medications delivered daily to the facility
- A broken seal indicated usage
- Nurse documents usage and returns records to the pharmacy for refills

Medication distribution errors

- Human errors
 - Medication orders
 - Omission, incorrect transcription
 - Interpretation/evaluation
 - Dose appropriateness, concurrent meds and diseases, drug interactions
 - Filling and checking
 - Medication administration
 - Correct person, dose, dosage form, route, frequency
 - Missed dose documentation

Medication distribution errors

- System errors:
 - Inadequate staffing or untrained staff
 - Poor communication between providers, facility and pharmacy
 - Poor coordination between pharmacy and facility for drug ordering and delivery
 - Poor documentation and reporting system of patient specific concerns and human errors

Role of Consultant Pharmacist

- Order processing
 - Review patient health and medication profile
 - Perform prospective review
 - Consider economic issues
 - Ensure accurate order entry
 - Communicate with prescribers and other health care workers

Role of Consultant Pharmacist

Medication dispensing and delivery

- Ensure accurate packaging, labeling and timely delivery
- Develop policy for dispensing, delivery and storage of medication in facilities
- Track usage and monitor medication usage and returns, including initial doses, house supply stock and emergency kit contents
- Monitor the reconciliation of controlled substance: record keeping of supply, usage and disposal
- Ensure accuracy of MAR and documentation

Role of Consultant Pharmacist

- Formulate quality assurance policy for drug distribution catering to the needs of patients in each facility
- Provide patient specific recommendations on drug therapy and medication needs
- Coordinate interdisciplinary care plan sessions
- Provide drug information to staff, residence, family and other health care providers
- Ensure compliance with all applicable laws and regulations governing drug distribution